

ТЕКСТИ ДЛЯ РОБОТИ У СТАРШІЙ ГРУПІ



ГІМНАСТИКА ДЛЯ ОЧЕЙ «SHUT YOUR EYES»

Shut your eyes,
Open your eyes,
Look at your nose
And blink twice!



ДИХАЛЬНА ГІМНАСТИКА «BREATHE IN»

Breathe in deeply
Through your nose!
Wave your hands
Stand on tiptoes!

РУХЛИВА ГРА «A CAT AND MICE»



Mouse:

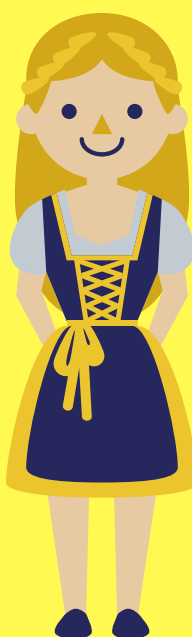
We are little, little mice
We are very, very nice.
We want to eat cheese and rice
We are hungry little mice.
Big grey cat, help us, please!
Give some rice, give some cheese!



Cat:

I cannot do that.
I am a big angry cat.
I know what to do.
I want to eat you!

ФІЗКУЛЬТХВИЛИНКА «KNEES AND TOES»



Head and shoulders,
Knees and toes.
Eyes and ears
Mouth and nose.
Head and shoulders,
Knees and toes.
And we all clap hands together.